2026-27 TBR STEP-UP SCHEDULE

Sessions are grouped in a 3-month period

LADY BUGS (AGES 3- 4) **1 hr/wk 4-5 p.m. FRI** **$325/session**

Developing coordination, balance, strength, flexibility, and confidence while exploring music, movement, and creativity in a fun and supportive environment.

BUTTERFLIES (AGES 4-5) **1 hr/wk 5-6 p.m. THUR** **$325/session**

Learning basic rhythmic handling along with flexibility, team-building skills, and coordination.

BEGINNERS (AGES 6-8) **1 hr/wk** **$325/session**

MON 7-8pm, WED 5-6pm, WED 6-7pm

Continuing to establish strength, flexibility, and music awareness while learning rhythmic handling and dance steps.

OLDER BEGINNERS (AGES 8+) **1 hr/wk 7-8pm THURS** **$325/session**

Refining technique and rhythmic handling while establishing discipline and artistry

HOMESCHOOL CLASS (AGES 6-9) **1h/wk 2-3pm TUE** **$325/session**

Designed for kids who can come earlier in the day. Developing rhythmic handling, flexibility, strength, and artistry.

----------THE FOLLOWING CLASSES ARE BY INVITATION ONLY----------

SUPERSTARS **1hr/wk 5-6pm MON** **$325/session**

Our youngest students who have advanced to our intermediate level. Perfecting fundamental skills while also integrating basic hand-eye coordination with all apparatus.

Level 1 **1hr/wk 6-7pm THURS** **$425/session**

Young students who have advanced to our intermediate level. Mastering patterns and body awareness while continuing with basic handling.

Level 2 **3 hr/wk MON 6-7pm, FRI 5-7pm** **$700/session**

This pre-team program offers more structured training, building on foundational movements, developing flexibility, strength, body posture, and musical timing, including dedicated ballet instruction. Athletes refine fundamental apparatus skills with all equipment while learning how to memorize movement patterns in a focused, supportive environment.

Prexcel **3 hr/wk TUE 6-8pm, FRI 7-8pm)** **$700/session**

Our younger pre-team students who want more hours and more rigorous training before they compete. Developing movement memorization, more advanced skills, and cardiovascular training.

Tampa Bay Rhythmics
6542 Krycul Ave. Riverview, FL 33578
(813) 741-2827 (2TBR)/Cell Phone: (813) 629-8298
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Step-Up Levels

COPPER Level **TUE 3:30-6:30pm, THURS 3:30-6pm** **$925/session**
Copper is our beginner competitive level for gymnasts who are ready to get comfortable performing in front of an audience and judges. Athletes learn simple routines set to music, combining introductory rhythmic gymnastics with basic acro skills and equipment handling.

BRONZE Level **MON 3:30-6:30pm, TUE 3-6pm, THURS 3-6:30pm** **$1,045/session**
Athletes expand their skill variety across floor and equipment routines, learning how to smoothly transition between skills and equipment usage while staying in sync with their music. The main goals are developing clean movement techniques, strong posture, and enthusiastic presence.

SILVER Level **MON 3:30-7:30pm, WED 4-7pm, FRI 4-7pm** **$1,075/session**
At this level, equipment work becomes more creative and seamlessly blended with choreography. Gymnasts focus on refined body posture, improvements in flexibility and body control, artistic expression, and connecting with their music while mastering more challenging equipment handling and higher-level skills in their routines.

XCEL Level **TUE 6:00-8:00pm, THURS 5:30-8pm** **$850/session**
Designed as a supportive entry-level program, XCEL introduces gymnasts to structured routine learning, foundational body elements, dance training, and progressive apparatus handling. The focus is placed on physical fitness, coordination, and building self-esteem in a fun environment. Participation in competitions is entirely optional and provides a low-pressure opportunity for athletes to compete against their own personal bests rather than other gymnasts.

Uniform Policy

Just like any other sport, our uniforms help the athlete perform and train better. Toe shoes change the friction between the gymnast and the floor and allow them to turn. Team Training uniforms help the students look professional at competition and provide something for them to wear in practice that allows coaches to see their lines and form. These items are a mandatory requirement per gym policy and are the responsibility of each gymnast's family to purchase.

Competition Policy

At the competitive level, competition fees are required.

Required Uniform

Toe Shoes- $30
Training uniform shirt- $40
Training uniform shorts-$30
Private Lesson - $75 for 1 hour
Training uniform set including toe shoes- $100
Competition registration- $200
Annual registration fee- $50

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