

Fall 2010 Dance Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Toddler Ballerinas 2-3 yrs 9:00-9:30
Ballet / Gymnastics 5-7yrs. 4:00-5:00	Ballet I 6-8 yrs. 4:00-5:00	Ballet / Gymnastics 6-9 yrs. 4:00-5:00		Jazz I 6-8 yrs 4:00-4:45	Preschool Combo 1 3-4 yrs. 9:30-10:15
Ballet/Jazz Level 1 5:00-6:00	Jazz I/II 6-9 yrs. 5:00-5:45	Ballet II 8-11 yrs. 5:00-6:00		Ballet /Tap Level I 6-8 yrs. 5:00-6:00	Preschool Combo 2 4-5 yrs 10:15-11:00
Preschool Combo 2 4-6 yrs. 6:15-7:00	Preschool Combo 2 4-6 yrs. 5:45-6:30	Jazz / Hip-Hop level 1 6:00-7:00	Hip-Hop Teen (M) 6:30- 7:30	Hip-Hop Level I/II 6:00-7:00	Jazz/Tap I 5-8 yrs. 11:00-11:45
	Jazz Teen 6:30-7:30	Beg. Ballet Teen (M) 7:00-8:00	Adult Hip-Hop 7:30- 8:30 (M)		Ballet I 6-9 yrs. 11:45-12:4

Wednesday		
10:00-10:30	Toddler ballerinas	2-3 yrs.
10:30-11:15	Preschool Combo 1	3- 4 yrs
11:15-12:00	Preschool Combo 1	3- 4 yrs
2:00-3:00	Preschool Combo 2	4- 5 yrs

Color Code:

Hair must be worn neatly in a bun for all classes. This teaches proper turning technique in all classes.

Toddlers, Preschool, and Combo Classes: Leotard, footless pink tights, pink slippers

Ballet I: Pink leotard, pink tights, pink ballet slippers.

Ballet II: Light Blue leotard, pink tights, pink ballet slippers.

Jazz I/II: Solid color leotard, tan tights, tan jazz shoes.

Ballet/Jazz Combo Class: Solid color leotard, pink or tan tights, pink ballet slippers for ballet and tan jazz shoes.

Ballet/ Rhythmic Gymnastics Combo Class: Leotard, footless or transitional pink tights, pink slippers.

Ballet/ Tap I Combination Class: Leotard, pink tights, black or tan tap shoes.

Jazz/ Hip-hop Combo Class: Solid leotard, black jazz pants, jazz shoes or jazz sneakers.

Hip-Hop: Comfortable shirts, jazz pants, hip-hop sneakers

Class Description

Toddler Ballerinas: Age 2; 30 minutes class.
15 minutes creative movement ballet/ 15 minutes gymnastics.

Preschool Combination Class: Ages 3-4/4-5; 45 minute class.
20 minutes creative movement ballet, 20 minutes gymnastics, 5minutes stretching.

Ballet: Ages 6 and Up: 45minutes to 1 hour class. Ballet teaches proper body placement and helps students develop coordination, flexibility, strength and musicality.

Jazz: Age 6 and Up; 45minutes to 1 hour class. Jazz dance changes and evolves with time and trends. The music used in class is popular music heard on the radio as well as Broadway musicals. It has it's own technique to execute leaps, turns and isolated movement.

Tap: Age 5 and Up; 45minutes. Wearing shoes with metal taps the foot movement focuses on different rhythm and syncopation.

Hip-Hop: Ages 7 and Up. 1 hour class.
Hip-hop is a popular street dance. It combines movements created on the street and jazz movement using popular urban music.

Rhythmic Gymnastics:

Combination classes are divided into 30 minutes each technique depending on the dance form.